



# Assumption of the Blessed Virgin Mary Parish



320 Olmstead Street, Vanier, Ontario K1L 7K3 Tel: 613-746-8503

Email: [assumptionparishchurch@outlook.com](mailto:assumptionparishchurch@outlook.com) • Website: [www.assumptionparishottawa.com](http://www.assumptionparishottawa.com)



## OUR PARISH MISSION STATEMENT (March 10, 1994)

*"We endeavour to build for this community a viable Christian Family that all will consider home."*

### MASS SCHEDULE:

Weekends - Saturday: 9:00 a.m. and 4:00 p.m.  
Sunday: 9:00 a.m.; 10:30 a.m.  
12:00 p.m. (Filipino Mass)  
Weekdays - Monday to Friday: 8:00 a.m.

### DEVOTIONS

ROSARY - 20 minutes before weekday Masses.  
FIRST FRIDAY - Exposition and benediction ending at 9:00 a.m.  
EVERY MONDAY - Holy Hour of Adoration - 7:00 p.m. - 8:00 p.m.  
EVERY SUNDAY - El Shaddai Praise and Worship - After the 12:00 noon Mass

## PASTORAL TEAM

Pastor: Rev. Fr. Dominic Lim, OFM Conv  
Deacons: Rev. Paul Beaudoin  
Rev. Ricardo Santiago  
Pastoral Council Chair: Dr. Alfredo Formoso  
Temporal Council Chair: Art Guillermo  
Secretary: Nora Arriola  
Resident Friars: Rev. Fr. Jobe Abbass, OFM Conv  
Rev. Fr. Saviour Karamvelil, OFM Conv  
Rev. Fr. Varghese Puthenpurackal, OFM Conv

## OFFICE HOURS

Monday to Friday  
10:00 a.m. – 2:00 p.m.

## PASTORAL CARE

**BAPTISMS** - If you are a registered parishioner of Assumption Parish (or another parish) and attend Mass regularly, there is no waiting period. You may call the Parish Office to schedule a date and must attend a baptism preparation session prior to the baptism. If you belong to another parish, a letter of permission from your Pastor is required. If you are not a parishioner of any parish, you must register, attend Mass regularly, and there is a three-month waiting period before your child can be baptized.

**CONFESSIONS** - 15 minutes before all Weekday Masses, as well as 3:30 p.m. on Saturday; or by appointment with the priest.

**MARRIAGES** - One of the couple must be a registered member of the parish for at least 6 months and attend Mass here regularly. Please make arrangements at least six months before the wedding date. Marriage Preparation Course required.

**SPIRITUAL COUNSELING** -  
by appointment.

### SACRAMENT OF THE SICK & COMMUNION FOR SHUT-INS -

Anyone who wishes to receive Anointing of the Sick or Holy Communion please call the office to have your name put on the list.

**FUNERALS** - Arrangements should be made firstly with the church, and then with the funeral director to insure proper Christian burial.

## FOURTEENTH SUNDAY OF ORDINARY TIME

### *Mass Intentions for the Week*

#### Saturday, July 4<sup>th</sup>, 2020

9:00am †John Tasi by Art & Cora Guillermo

4:00pm †Elenita Manasis by Lori Scott

#### Sunday, July 5<sup>th</sup>, 2020

9:30am †Holy Souls in Purgatory by Mary Stanton

†Pat Keelan by The Family

7:00pm †Anabelle & Nanette by Nena Coronel

#### Monday to Friday, July 6<sup>th</sup> to July 10<sup>th</sup>, 2020

Mon 7:00pm †Naty, Nicasio & Manuel by Nena Coronel

Tue 7:00pm †Jose, Ines & Nicasio by N. Coronel

Wed 7:00pm †Teodorico, Manuel & Julia by Nena Coronel

Thu 7:00pm †Anastacia, Vicente & Cirila by Nena Coronel

Fri 7:00pm †Sylvie Watters by Bill & Carmen Watters

#### Saturday, July 11<sup>th</sup>, 2020

9:00am †Mely Gomez by Art & Cora Guillermo

4:00pm †Aurora Damaso by Danny & Nora Arriola

#### Sunday, July 5<sup>th</sup>, 2020

9:30am †Natividad Magmanlac by Danny & Nora Arriola

7:00pm †Walter Burri by OECTA

**PRE-AUTHORIZED DEBIT:** Forms are now available for pre-authorized debits which parishioners and donors can use to contribute directly from their bank account to the parish bank account with regularity and complete security. All you need to do is fill up a form and provide a copy of a cancelled cheque. Those interested, please email us at [assumptionparishchurch@outlook.com](mailto:assumptionparishchurch@outlook.com).

We hope that you will adopt this new system which will make Assumption Church more viable and strong into the future.

*Thank you for your wonderful and on-going support*

*We welcome new members and visitors to our parish. Thank you for praying with us and for helping build a Christian community.*



**WE PRAY FOR THE GIFT OF HEALING** of the mind, body and spirit of **Paul Beaudoin, Marie Burke, Phil Gosselin, Carol Kane, John Lamont, Norman Levesque, Tina Mills, Jennie Morris, Lucienne Sabourin, Gordon Hilchie, Alice Hilchie, Teresita Gabriel, Maura David, Bradley Ken, Fr. Roland Lafleur, Jess Villongco, Marie- Pauline Desjardins, Flavio Gomez and Claude Cloutier.**

May we be able to reach out to them in compassion.



#### SCHEDULE OF MASSES ON-LINE

<b>Sundays</b>	<b>18:30 Holy Rosary</b> <b>19:00 Holy Sacrifice of Mass</b>
<b>Mondays &amp; Tuesdays</b>	<b>18:30 Holy Rosary</b> <b>19:00 Holy Sacrifice of Mass</b>
<b>Wednesdays</b>	<b>18:30 OLPH Novena &amp; Rosary</b> <b>19:00 Holy Sacrifice of Mass</b>
<b>Thursdays</b>	<b>18:30 Holy Rosary</b> <b>19:00 Holy Sacrifice of Mass</b>
<b>Fridays</b>	<b>15:00 Divine Mercy Chaplet &amp; Eucharistic Adoration</b> <b>18:30 Holy Rosary</b> <b>19:00 Holy Sacrifice of Mass</b>
<b>Saturdays</b>	<b>08:30 Holy Rosary</b> <b>09:00 Holy Sacrifice of Mass</b>

**To access the above schedule on-line, go to our Facebook Account – Assumption Parish Ottawa.**

*Be assured, my dearest parishioners, that you are all kept close to my prayers and sacrifices. May Mary cover us all with the mantle of her maternal protection!*

*Rev. Fr. Dominic Lim, OFM Conv, Pastor*

JULY 5, 2020

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**SCHEDULE OF SUNDAY MASSES**

**Saturday: 4:00 PM**

**Sunday : 9:30 AM; 12:00 PM(Filipino)  
And 7:00 PM**

**Weekday Masses**

**Monday to Friday : 7:00 PM**

**Saturday: 9:00 AM**

**Please note that everyone is required to  
bring and wear a mask at all times .**

**Social distancing has to be observed.**

**Confessions: By appointment only**

**From: The Finance Council**

Although the church has been allowed to reopen for weekend Masses, some parishioners may not be comfortable to physically attend the Mass, the parish still has expenses and counts on your support. We thank those who contribute monthly through automatic bank deposits. At this time, we urge you to setup an automatic bank deposit through the office either by phone(613-746-8503) or email: [assumptionparishchurch@outlook.com](mailto:assumptionparishchurch@outlook.com). We invite all others to send their regular contributions by cheque to the parish via Canada Post. Thank you.

**Friday Pro-Life Mass:** At Madonna Della Risurrezione, 1621 Fisher Avenue, every Friday at 9:00 am, beginning June 19, 2020. To pray for life and especially the protection of unborn children. Plenty of parking at the back of the church. The Masses will be in English.



**Spiritual Communion Prayer**

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You.

Amen

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**Featured Saint of the Week**

**St. Maria Goretti, Virgin & Martyr (July 6)**

Born near Ancona, Italy, into a poor peasant family, St. Maria (1890-1902) was known for her cheerfulness and piety. At twelve years old, she was stabbed to death by a young man for resisting his attempt to seduce her. He later reformed his life completely and was present at her canonization in 1950.

**A MESSAGE FROM THE PASTOR**

*Peace and Joy!*

*As we continue our journey in life amidst difficulties and anxieties with this pandemic that shook everyone, Jesus' sweet words continue to echo in our hearts: "Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. Take my yoke upon you and learn from me; for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy, and my burden light." In fact, the Holy Sacrifice of the Mass is the source of our strength. It continues to sustain and refresh us. Going into the heart of the Holy Mass is encountering our Lord Jesus Christ. He left us the sacraments to be His loving presence and the way to connect with us. In the Mass, we are invited to be intimately united with Him, who unites us to the Father in the Holy Spirit.*

*The Holy Sacrifice of the Mass is most essential in our lives. It is our life. It is, we live, we move and have our being. It gives us the true reason for living, it gives meaning to our lives.*

*Let us dig deeper into this great mystery of love. Let us allow ourselves to be shaped by the Eucharist we celebrate. Let us learn to let go and let God take control of our lives, for in it we discover real freedom. The more we allow God, the more we become free.*

*Let us say with St. Francis of Assisi: "My God and My All!"*

*Ave Maria!*

*Rev. Fr. Dominic Lim, OFM Conv  
Pastor*





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